



Sit to Stand Solutions

A guide for healthcare professionals

etac | R82 



Sit to Stand - an introduction

This workbook looks at a number of sit to stand solutions for users with varying ability levels and their carers.

Maintaining as much independence as possible is key to everyone. We have a range of products for every situation which will assist those with mildly restricted mobility through to those with very limited ability to stand.

Our products are designed to be used in the home or a care setting.

Standing and raising aids enable users

to stand up from a bed, chair, toilet or wheelchair for transfer.

Our products will help promote mobility and early mobilisation as part of rehabilitation.

Users gain important physical and psychological benefits when their mobility is maintained. Choosing the right equipment is vital for maintaining mobility.

This interactive workbook also includes “how to videos”, our Turner Pro case story, our NEW Molift Raiser Pro and improvements to the QuickRaiser 205.

Always carry out a full risk assessment before using any equipment



See our Etac range of Sit to Stand solutions



What to use when?

Etac Turner Pro:

Weight bearing client, shuffles, difficulty in turning safely but consistent when standing. Use of both arms.

Molift Raiser Pro:

Weight bearing client, unsteady when standing, not always consistent. Use of one or both arms. Needs to stand to adjust clothing for personal care.

Molift Quick Raiser 205:

Minimally weight bearing. Minimal or no upper body strength. Larger/bariatric clients.



See our range of Molift Sit to Stand Solutions



High Ability levels

Etac Turner Pro

A turn aid offering safe patient turning with standing support.

- Encourages natural standing and sitting movement for the user and a good posture, minimising the risk of injury for the carer
- Lightweight construction - easy for the carer to move and position. Often this task is carried out by an elderly partner.
- Works well whatever the floor covering.
- Brightly coloured handle can be an aid to those with a visual impairment or dementia.



Case Study

Find out how the Turner helped Kate Davies in her rehabilitation and regain her independence after suffering a stroke



See our Turner Pro video



Watch our case study video





Moderate ability levels

NEW Molift Raiser Pro

This new and improved sit to stand aid has many clever features to help the user and caregiver.

- Lighter weight - now only 10 kgs
- Aluminium base for easier recycling
- New integrated locking brakes with auditive feedback
- Additional fixing point for Raiserbelt & Strap for users of different heights
- New knee supports - one handed adjustment with auditive feedback when in position
- Angled knee pad, follows movement of leg when raising from sit to stand
- Hygienic, easy to clean leg support padding (closed cell foam)



- Reduced total width, now 540mm for narrow doorways
- Lower step on height of only 35mm
- Higher SWL now 170 kgs (was 150 kgs)

Watch our Molift Raiser Pro video

Watch how to transfer from bed to wheelchair with single carer

Raiser Pro Accessories

Soft Handles

If the user has difficulty reaching the handle, Soft Handles can be used to help the user reach all the way. The handles can be used individually or as a pair and can be attached at any position on the grey grip.



Watch how to use the Raiser Pro with soft handle

Moderate ability levels - extra support

RaiserStrap+ (with Sleeve)

This provides additional support, especially when using one carer. It can be positioned lower on the buttocks which for some users may give better assistance when standing.

The non slip sleeve grips the users clothing and allows the Strap to move without causing shear.



Find out more about the RaiserStrap+ & other accessories

Watch how to use the RaiserStrap+ with 1 carer

RaiserStrap+ and 2 carers

The strap has two additional hand grips which enable a second carer to provide additional support at the hips when standing.



Watch how to use the RaiserStrap+ with 2 carers

For additional support - RaiserBelt

The RaiserBelt assists with both standing and sitting. It gives the user the confidence to stand and the carer, the extra support they need to carry out the transfer for personal care.

The RaiserBelt easily clips around the user ensuring it won't slip down if they stand or lean forward.

Once standing it can be easily repositioned for adjusting clothing or for personal care.



See how to use the RaiserBelt with a single carer





Moderate ability levels

Raiser Pro Uses

Personal Care

When the RaiserBelt or Strap+ is positioned on the lower back it provides room for the carer to adjust clothing and safe support for the user.



 See how to use the Raiser Pro and Raiser Belt for personal care 



Repositioning in a Chair

Use the Raiser to move a person who has slipped forward in a chair back to the correct position.



 Watch how to reposition with the Raiser 

One arm usage



Typically the user would grip the central vertical hand grip. However, the handle design offers multiple grip options.

 Using the Raiser with one arm 

Accessories

CloverFoot

For shorter adults or children, the CloverFoot can add some extra height.

 Find out more 





Solutions for more dependent users

Molift QuickRaiser 205



Our new generation sit to stand hoist still has the same ergonomic natural lifting pattern as the QuickRaiser family but with a new compact design and higher lifting capacity - now 205 kg. It has:

- Excellent manoeuvrability & electrical adjustable legs for easy access under/ around wheelchairs, toilets, beds and chairs
- Easy to adjust soft padded leg supports
- New operational panel with intuitive functionality & quick guide
- New 4 point suspension and RgoSling Active sling with sliding loops
- New knee pad options

 Watch our Quick-Raiser 205 video 



- Redesigned for easier cleaning and infection control.
- Low lifetime service costs

 Find out more about the Quick-Raiser 205 



New Active Sling



The sling self-adjusts and grips the users trunk ensuring it stays in the right position when standing.

Stand Up Slings

Available in a range of sizes from XS to XL. The picture (right) shows the Stand Up sling with support. It gives full support to a user who can only weight bear for a very short space of time.



 Find out more about the NEW Active Sling 

 Find out more about Stand Up slings 

The Etac Group

etac | **imedia** | **molift** | **STAR** | **Convaid** | **R82**

The Etac Group is a leading developer of mobility equipment and solutions in Northern Europe and one of a handful of leading players on the global scene. The Etac Group product brands are R82 (Paediatrics), Convaid (Paediatric buggies), Molift (Hoists and Slings), Immedia (Manual transfer) and Etac (Wheelchairs, Bathing and Toileting, Aids for Daily Living) and Star Cushion Products Inc (pressure care).

Workshops

We offer a range of free, hands on, practical workshops tailored to suit your needs and timings.

- **Moving and Handling Solutions**
- **Selecting the Right Hoists & Slings**
- **Overhead Hoisting Problem Solving**
- **Sit to Stand Solutions**



Book your workshop now!



**More details
about our free
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