

RISK FACTORS	EVIDENCE LEVEL	MODIFIABLE
Socio-demographic factors		
Advanced age	***	
Female	**	
Ethnicity	**	
Living alone	**	✓ possible
Social isolation	*	✓ possible
Psychological factors		
Fear of falling	***	✓
Depression	**	✓
Poor perceived health	*	✓
Impaired cognition	***	✓ possible
Sleep disturbance	*	✓
Risk taking behaviours	*	✓
Physical functional capacity		
Limitations in mobility or ADLs	***	✓
Impaired Balance	**	✓
Impaired gait	***	✓
Neuro and sensory factors		
Reduced vestibular function	*	✓ possible
Visual Impairment	***	✓ possible
Reduced peripheral sensation	***	
Reduced muscle strength	***	✓
Poor reaction time	***	✓
Medical factors		
History of falls	***	✓ early intervention
Stroke	***	✓ indirectly
Parkinson's Disease	***	✓ indirectly
Chronic conditions	***	✓ indirectly
Abnormal neurological signs	***	
Incontinence	**	✓ possible
Acute Illness	**	✓ indirectly
Arthritis	**	✓ indirectly
Foot problems	**	✓
Dizziness	*	✓
Medication use		
Multiple medications	***	✓
Benzodiazepine use	***	✓
Antidepressant use	***	✓
Ant-Psychotic use	***	✓
Lifestyle factors		
Alcohol	*	✓
Inactivity	***	✓
Malnutrition	*	✓
Environmental factors		
Home hazards		✓
External hazards		✓
Poor footwear	*	✓
Insufficient spectacles	*	✓
Inappropriate walking aids	**	✓