

















# ASSISTIVE TECHNOLOGY TO PREVENT FALLS IN THE BATHROOM

# Better Living Non-Slip Mat:

A mat designed specifically for falls prevention. Minimises slippery and wet surfaces outside the shower, bath and at the vanity. Fine 1.5mm edge to prevent trips, non-slip base. Fully machine washable for sanitation

# **Better Living Toilet Surround Mat:**

No risk of slippery spills at the toilet. Ensures safety during complex sitting and standing tasks. Increased length to ensure both feet are on the mat in sitting and standing. Fine 1.5mm edge to prevent trips. Fully machine washable for sanitation

# **Etac Shower Grab Rails:**

Permanent or suction, positioned for access into the shower and support whilst washing. Facilitates upper limb assistance to increase base of support, improving balance in standing. Can additionally be used with a shower stool to create an unobtrusive safe independant shower system.

# **Etac Shower Stool:**

Designed to maximise independence and minimise falls in the shower. Allows more stable access to wash feet and body in the shower. Able to be used in tight spaces, tringle, circular or rectangle design. Sleek minimalist design to improve compliance. Optional swivel cushion to aid access. Easily removable for alternative users of the shower.

# **Etac Shower Chair:**

Gives additional support to the upper body when showering in sitting. Aids stability in sitting and armrests for assistance sitting and standing. Unobtrusive classic design to minimise impact in the bathroom look. Available in convertible stool to chair to support during progression of disease.

# **Etac Shower Commodes:**

Safe and comfortable range of commodes that eliminate any industrial look of the bathroom. Utilised as a toilet commode, over toilet aid and shower chair. Height adjustable and tilt in space available to suit all needs. Self-propelled or attendant propelled, easily movable to minimise force of manoeuvring.

# **Etac Beauty Aids:**

Long handled aids to reduce the reaching, twisting and grip strength required to wash the whole body. The range offers body, back and hair washer to improve independence, promote safety and ensure task is completed thoroughly and effectively.



#### Etac Bath Board and Bath Chair:

Increases safety accessing a shower/bath combination. Allows stability of access into the bath in a sitting position to minimise risk without increasing the work involved in successful bathing. Once in the bath a stool or chair support allows for sitting for washing to minimise risks of slips in a wet soapy tub

### Etac toilet raiser:

A wide range of options to suit all users in improving access and reducing falls risk at the toilet. All a sleek design to minimise impact on the bathroom look and ensure the toilet/aid interaction is secure to accommodate movement whilst toileting. With or without armrests for added support and safety. Evidence base: 100-120% popliteal height to assist.

#### **Toilet Surround:**

Easily implemented around the toilet. Can be utilised simply as surround or in combination with a toilet raise. Allows increased support in sitting and standing utilising the armrests. Stabilises and minimises strength needed to access the toilet safely. Easily removable for alternative toilet users.

#### Toilet grab rails:

Permanent or suction addition either fixed to the wall or drop down configuration. Orientated vertically and horizontally, or diagonal and horizontal. Positioned to support the horizontal the diagonal movement of standing. Allow for pulling motion all the way to standing to support the entire motion. Multiple materials available to minimise slippery grip.

## Etac tap turners:

Improving ease and accuracy at the vanity minimises risk of spills onto the floor. Can be combined with a Better Living mat to eliminate risk of slippery floor from water or grooming products. A support stool can also assist with stability for the increased duration spent grooming at the vanity.

## **Etac Grooming Beauty Aids:**

Long handled comb and brush to support grooming at the vanity. Minimising reaching to head height keeps the centre of mass lower and more stable. Improves ability to complete the tasks for those with restricted range, strength or balance. Adequate grooming has been shown to support physical, social and psychological benefits.

#### **Dressing Aids:**

A wide variety of options to facilitate independence or assisted participating in dressing. Stocking aids for lower limb access. MultiGlide gloves for minimising friction over the arms for upper limb dressing. Active Reacher designed with finger angles to support reaching as well as lower limb dressing.















Falls Prevention in the Bathroom